

8th NHG ANNUAL SCIENTIFIC CONGRESS 2009



presents

Psychiatry & Addictions

16 October 2009 | 1415 – 1745 hours | MR309, Level 3 Suntec Convention Centre

Synopsis

Gambling Disorders: Current Diagnostic and Treatment Perspectives

Gambling addiction is a relatively new area in the field of addiction. The advancement in the research and treatment of gambling addiction has occurred most rapidly only in the last decade. Management of gambling addiction has always been an uphill task involving care from various healthcare professionals as well as community partners. This presentation will provide an overview of current screening, diagnostic and treatment approaches for this disorder. It will also provide an introduction to the roles of the counsellor and the gambling treatment services offered at the National Addictions Management Service. A case study will be presented.

Alcohol and Substance Use Disorders: Current Treatment Perspectives

There is widespread misconception that alcohol/ substance abuse treatment is not effective. However, advances in science have revolutionized our fundamental understanding of the nature of alcohol/substance abuse and addiction. There are now extensive data showing that addiction is eminently treatable if the treatment is well delivered and tailored to the needs of the individual. This presentation will provide an overview of current behavioral and pharmacological treatments that can help manage alcohol/ substance use disorders, prevent relapse and restore people to productive functioning in society. It will also give a brief introduction to the addiction treatment provided by the National Addictions Management Service (NAMS).

Addiction and Family: From A Community and Treatment Perspective

"When Your Loved One Can't Do Without IT"

This workshop aims to provide a comprehensive understanding to participants about the inseparable relationship between addiction and family. Participants will learn about the impact of addiction on the family, the roles that families play in supporting recovery and treatment, as well as the challenges involved. This workshop also integrates perspectives from early detection by community based agencies to completion of clinical treatment.

A case study will be illustrated to demonstrate the integration and provision of care to families suffering from the impact of addiction.

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Symposium Topics

Session 1 | 1415 – 1545 hours

Gambling Disorder – Current Diagnostic And Treatment Perspectives

Dr Thomas LEE Kae Meng, Consultant, National Addictions Management Service, Institute of Mental Health, Singapore

Gambling Disorder – Case Study

Mr Patrick TEO, Senior Counsellor, National Addictions Management Service, Institute of Mental Health, Singapore

Alcohol And Substance Use Disorders: Current Treatment Perspectives (1)

Dr TAN Hwee Sim, Associate Consultant, National Addictions Management Service, Institute of Mental Health, Singapore

Alcohol And Substance Use Disorders: Current Treatment Perspectives (2)

Ms YEO Li Fern, Counsellor, National Addictions Management Service, Institute of Mental Health, Singapore

Session 2 | 1615 – 1745 hours

Addiction And Family: From A Community And Treatment Perspective

"When Your Loved One Can't Do Without IT"

Ms LIM Hui Khim, Senior Counsellor, National Addictions Management Service, Institute of Mental Health, Singapore

Mr LOW Mun Heng, Principal Medical Social Worker, National Addictions Management Service, Institute of Mental Health, Singapore

Mr Vincent NG, Director of Social Services, The Ang Mo Kio Family Service Centres, Singapore

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