

# 8<sup>th</sup> NHG ANNUAL SCIENTIFIC CONGRESS 2009

presents



## TCR in Diabetes & Metabolic Diseases (A)

17 October 2009 | 1030 - 1200 hours | Ballroom 1, Level 2 Suntec Convention Centre

### Synopsis

Rapid accumulation of lessons from landmark clinical trials in diabetes and metabolism is shaping our management strategies. However, numerous controversies are also generated by these clinical trials e.g. the importance of glycemic management in the prevention of diabetic vascular complications. The discussant will help the clinicians with an insightful synthesis of these landmark trials taking into considerations the quality of existing evidence. The epidemic of Diab-esity (twin disorders of diabetes and obesity) is affecting not just the adults but also children and adolescences, who are particularly vulnerable to diabetic vascular complications. Is management strategy the same as in adults? Is pharmacotherapy safe in growing children? The lecturer, a senior pediatric diabetologist will present the state-of-the-art knowledge in this field. One reason for the rapidly growing prevalence of diabetes mellitus in Singapore is our "graying" population demography. Therapeutic medical nutritional intervention and emphasis on aerobic exercise in young adults may not be directly extrapolated to elderly with diabetes. In addition, the multiple co-morbidities and polypharmacy in these fragile individuals also pose a unique clinical challenge. The speaker will share his extensive clinical experience in managing the elderly with diabetes.

### Symposium Topics

#### Lessons From Landmark Clinical Trials In Diabetes Mellitus

Dr Daniel CHEW, Consultant, Endocrinology, Tan Tock Seng Hospital, Singapore

#### Management Issues Of Obesity In Children And Adolescences

A/Prof LEE Yung Seng, Senior Consultant, Paediatrics, Yong Loo Lin School of Medicine, NUS, Singapore

#### Diabetes In Elderly - Clinical Challenges

A/Prof SUM Chee Fang, Senior Consultant, Medicine, Alexander Hospital, Singapore

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Closing 05 October 2009



8th NHG Annual Scientific Congress 2009\* \*Online Registration is now open!

16 - 17 October 2009 | Suntec Singapore International Convention & Exhibition Centre

For more information about the Congress, log on to [www.asc.nhg.com.sg](http://www.asc.nhg.com.sg)

Online Registration Portal will close on 05 October 2009.

Registration will resume onsite on 16 & 17 October 2009 at Suntec Convention Centre (Level 1)